

SUNDAY FEBRUARY 5



PSALM 46

God is our refuge and strength,
always ready to help in times of trouble.
So we will not fear when earthquakes come
and the mountains crumble in to the sea.
Let the oceans roar and foam.

Let the mountains tremble as the waters surge!

Selah

A river brings joy to the city of our God,
the sacred home of the Most High.

God dwells in that city; it cannot be destroyed.
From the very break of day, God will protect it.

The nations are in chaos,
and their kingdoms crumble!

God's voice thunders,
and the earth melts!

The LORD of Heaven's Armies is here among us;
the God of Israel is our fortress.

Selah

Come, see the glorious works of the LORD:
See how He brings destruction upon the world.
He causes wars to end throughout the earth.

He breaks the bow and snaps the spear;
He burns the shields with fire.

"Be still and know that I am God!

I will be honoured by every nation.

I will be honoured throughout the world."

The LORD of Heaven's Armies is here among us;
the God of Israel is our fortress.

Selah

BABES & TOTS

God is trustworthy. Children at this age are learning trust. They are learning that they can trust you as their parents and you are teaching them who they can trust. By the way you live and pray and worship you can teach them that God is trustworthy.

This Psalm talks of God being a refuge, strength and fortress and He tells us to be still and know that He is God. That is such good news! He is God!

We are going to use the story of Jehoshaphat from 2 Chron 20 to talk about asking God for help and then letting Him fight the battle.

It might be fun this week to build forts with your kids and show them how God is a safe fortress for His people.

bigKIDS & TRANSFORMERS

We are going to have a 'password' for kids this week in the form of call and response.

Leaders: ***God is our refuge and strength***

Kids: ***always ready to help in times of trouble***

Practice at home so you're ready for Sunday.

We are going to talk about God being our refuge, fortress and strength. He is someone we can totally trust even when the world goes nuts around us. He is always ready to help in times of trouble.

We are up to verse 5 of Psalm 8 for the memory verse this week - well done to those kids (and leaders) who know all the verses up to this point and to the rest of you - it's not too late - keep going - try coming up with actions to the words like Cypress and River showed us on Sunday to help you stick it in your brain. You can find the psalm on a bookmark at www.thebridgeonline.ca/bridge-kids

Our Psalm 8 mural got put up this weekend. It looks pretty sweet - pop in on Sunday and take a look at our artwork. The kids would love to show it to you.

